



Footnotes

A Newsletter from Foundation for Learning
www.FoundationForLearning.com

Jan./Feb.

2011

Winter Wonders

Foundation for Learning

is the perfect resource for unlocking your child's full academic potential. We are dedicated to working with students of all ages to maximize their educational experience through one-on-one instruction.

New FFL Website

Foundation for Learning's new and improved website is up and running.

We are providing study aids, video clips and other resources, as well as important dates and articles.

Check us out:

FoundationForLearning.com

A Message from Betty



With the arrival of winter comes shorter days and cold weather. The shorter days mean less outdoor time and a possible disruption in sleep patterns.

Regardless, it is important that we all maintain the proper amounts of sleep and exercise. Adults require seven to eight hours of sleep, teens between eight and nine hours, and school-age children 10-11 hours. If your child appears sleepy during the day, consider the amount of sleep she had and adjust her bedtime as needed.

With the cold weather and the endless snowstorms we are having, bundle up and go for a walk in the woods, build snowmen or head to the closest hill and go sleigh riding! As long as you are dressed appropriately, you can enjoy the cold weather just as much as the warm.

Betty



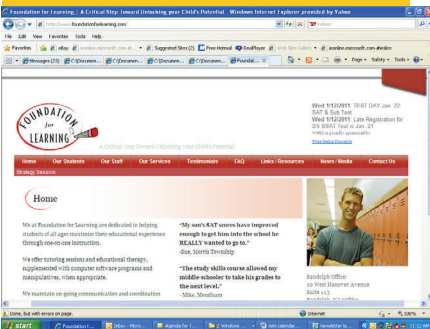
Winter and Spring Testing Dates

Please mark these important dates on your calendar. They may seem like a long way off but it's best to prepare well in advance to reduce stress and anxiety.

Contact **Foundation for Learning** today to reserve your time slot for individualized test prep sessions.

Visit www.CollegeBoard.com for more information.

Note: ISEE test dates are set by individual school location.



Make us your Facebook friend and follow us on Twitter!

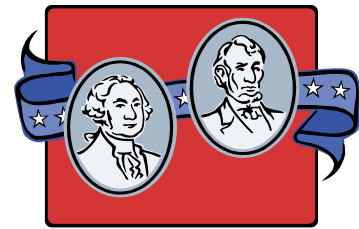
[Twitter@FFLNJ](https://twitter.com/FFLNJ)



February 2011							March 2011							April 2011						
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27	28						27	28	29	30	31			24	25	26	27	28	29	30



Honoring Our Forefathers



Happy President's Day Monday, February 21, 2011.

"The Constitution is the guide which I never will abandon." George Washington, July 28, 1795.

"Don't interfere with anything in the Constitution. That must be maintained, for it is the only safeguard of our liberties." Abraham Lincoln, April 27, 1856

9			6			8		
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		5		7				2



Sudoku Fun

FFL tutor Brian Portny provided this Sudoku puzzle for everyone to try.

Visit our website at FoundationForLearning.com to see the solution.

Referrals Earn You Gift Cards

Foundation for Learning introduces its Referral Rewards Program.

How does it work?

Simply refer a friend to **Foundation for Learning** who begins to use one of our services including: tutoring, test preparation, essays/admissions applications, or organization and study skills. Your referral earns you a Barnes & Noble or iTunes gift card.

There is no limit to the number of gift cards issued.

Gift cards will be issued following the completion of the new student's third session.



Are you on the fundraising committee or involved in the PTO/PTA at your child's school? Are you organizing a fundraising event and looking for tricky tray or silent auction items?

Foundation for Learning may be able to help. We are offering **Foundation for Learning gift certificates valued at up to \$480** to put toward our services including test preparation, organization and study skills, or subject matter tutoring. Contact your tutor today to ask how to secure a gift certificate for your school fundraising event.



Elin's Math Sense Made Easy

How can you build your child's math ability while making the subject more accessible? Play games to build their math sense. A fundamental part of math sense is the ability to estimate. Here are some fun ways for you and your children to build estimation skills by relating math to everyday activities:

- 1) Estimate how much your cart of groceries will cost before you check out.
- 2) Estimate how much the 20% off sale will save them on their clothing purchase.
- 3) Guess how many miles it is from one point to another and then measure it with your car.



Put your calculators away! The goal is not to find the exact answer. The goal is to develop a sense of play with math in your everyday life.